

GYMNASTICS SUMMER CAMP 2017

A fun & progressive gymnastics camp
open to members and non members

- LEARN & IMPROVE GYMNASTICS SKILLS
- MAKE NEW FRIENDS
- INCREASE FITNESS LEVELS
- HAVE FUN!

The programme includes 4 days of learning various skills on all apparatus. Children will be split into groups according to age and ability; this ensures age appropriate progressive gymnastics for all age groups and levels.

For boys & girls aged 3 – 14 of any level.
Members & non-members welcome.

**€5 additional fee for non-members.*

Come in comfortable gear for training
and bring a healthy snack

End of camp show on last day @12pm /4pm

To register, fill out the form overleaf and
bring to the front desk with payment. Cash
payments must be made in person, cheques
made out to Arabian Gymnastics Ltd.

COURSE DATES & TIMES

MORNING or AFTERNOON
10am - 1pm 2pm - 5pm

1 3rd - 6th July

2 10th - 13th July

3 17th - 20th July

4 24th - 27th July

31st July - 3rd Aug*

5 *Course runs Tues – Fri.

6 8th - 11th Aug

7 14th - 17th Aug

8 21st - 24th Aug

€100

REGISTRATION FORM SUMMER 2017

Childs Name

Childs Age

Address

Phone No.

Medical Conditions?

Course:

MORNING

OR

AFTERNOON

JULY

- 1 3rd - 6th
- 2 10th - 13th
- 3 17th - 20th
- 4 24th - 27th

AUG

- 5 31st July - 3rd Aug
- 6 8th - 11th
- 7 14th - 17th
- 8 21st - 24th

CREDIT CARD DETAILS:

Name on card

Credit Card No.

Expiry Date

 CVC

Gymnastics is a sport with an inherent risk of injury and although the club will endeavour to minimise any risk, accidents may still happen. Arabian Gymnastics Ltd cannot be held accountable for such accidents. All members are insured through the clubs policy. I confirm that I have seen and accept policies of Arabian Gymnastics Ltd.

Parents

Signature

TEL (01) 806 3444 MOB 087 630 3437 / 087 971 5804

ask@arabiangymnastics.com

[f](#) Arabian Gymnastics Ltd, Baldoyle

WWW.ARABIANGYMNASTICS.COM

